

STUDENT.XAMK.FI
LEARN.XAMK.FI

Student Information Package

Autumn 2020



All for the future.

Hello new students!

Welcome to study at South-Eastern Finland University of Applied Sciences (Xamk).

In this guide, you will find the information you need at the beginning of your studies. If you want to find out more about studying at Xamk, visit Student Intranet at **student.xamk.fi**. In order to have access to the materials available on the intranet, you are provided with a username and password upon enrollment. Student Intranet is also available on smart phones.

Since Student Intranet is the primary information channel for general study related matters, it is recommended that you visit there on a daily basis. In addition to news and announcements, Student Intranet provides instructions and document templates, as well as information related to studies and support services. Also, you have access to discussion and buy-and-sell forums and are entitled to post announcements for upcoming events in the events calendar.

Please note:
The coronavirus situation may affect our services and schedules.
Visit our website and intranet for the latest information.
Thank you!

Academic Year 2020–2021

FOR MORE INFORMATION,
PLEASE SEE
STUDENT.XAMK.FI/ACADEMICYEAR

The South-Eastern University of Applied Sciences provides tuition in two semesters as well as during summer studies. The official dates are below. Please check the dates of your degree programme as well as the timetables of your group.

AUTUMN SEMESTER:
1 AUG 2020–31 DEC 2020

SPRING SEMESTER:
1 JAN 2021–31 JUL 2021

SUMMER STUDIES:
3 MAY 2021–31 AUG 2021

TUITION IS NOT PROVIDED

- 19–25 OCT 2020 (WEEK 43)
- 21 DEC 2020–10 JAN 2021 (WEEKS 52 AND 53, WEEK 1)
- 1–7 MAR 2021 (WEEK 9)

New students will begin their studies in the orientation days 24–28 Aug 2020. The continuing students will begin their studies 31 Aug 2020. In January, both new and continuing students will begin their studies 11 Jan 2021. New students will begin their studies with orientation days.

Username, Network and Printing

At the beginning of your studies, you are provided with a personal username for all systems. You will also have a personal mailbox and access to Office 365. Instructions on how to use the available IT technology and networks are available on Student Intranet at student.xamk.fi/systems.

Please remember to change your password every now and then – at least once a year. Visit <https://id.xamk.fi> and change the password with your current password or Finnish bank account and eBanking codes. You can also check your username here. Always make sure that you are at the correct address when you are changing your password! At the correct address there is a lock image on the address bar and the address begins with “https://”.

Spaces for independent study are available on all campuses without prior reservation. Some of these spaces are equipped with desktop computers, and some also provide printers and scanners. All campus buildings provide access to the wireless network: choose the XAMK network and log in with your username.

At the beginning of the academic year, you are granted 5 euro’s worth of printing credits. This is sufficient for printing out 100 black-and-white copies or 50 colour copies. Unused credits will be transferred to the following semester. You can check your remaining printing credits at <https://print.xamk.fi> with your personal username. You can also purchase additional printing credits there.

YOU CAN REACH ICT
SUPPORT VIA XINFO:
[XINFO.XAMK.FI](https://xinfo.xamk.fi)

9,480

Xamk students
in campus towns

Mikkeli

Students

3,964

Population
53,818

Kouvola

Students

1,977

Population
83,177

Savonlinna

Students

721

Population
33,611

Kotka

Students

2,818

Population
52,883



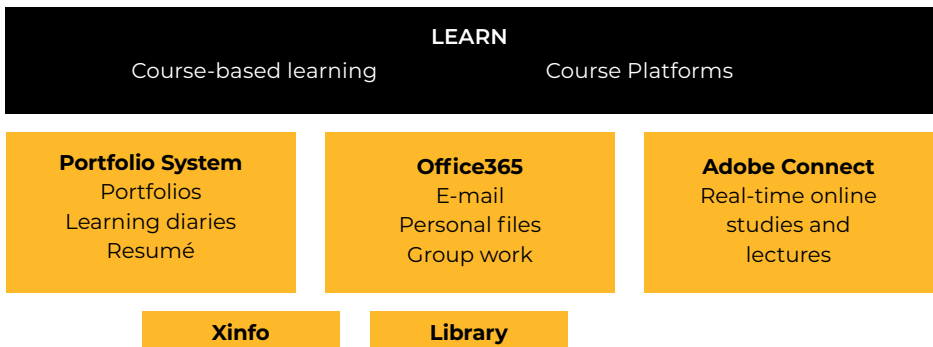


eCampus

eCampus comprises a variety of online services that support studies. eCampus provides means to study, deal with study-related matters and receive helpdesk support and other guidance while not being physically present on campus. The eCampus is built upon the student's personal online learning environment (Learn, Portfolio, Office365) and provides access to library and Xinfo.

eCampus services can be accessed via <https://learn.xamk.fi>. On Learn you can also find guides, directions and support for using the online learning environment.

Student's online learning environment on eCampus



STUDENT

<https://student.xamk.fi>

- student Intranet, an official information channel of Xamk
- e.g. news, events, instructions, document templates
- login: **username@edu.xamk.fi**
- if a mobile device requests a domain, type 'ksamk'
- prefer other browsers than Safari

E-MAIL AND OFFICE 365

<https://portal.office.com>

- student e-mail, an official information channel of Xamk
- login: **username@edu.xamk.fi**
- address for students:
username@edu.xamk.fi
- address for staff:
firstname.lastname@xamk.fi

PEPPI

<https://peppi.xamk.fi>

- registration for courses
- updates of personal profile
- registration of completed studies and ECTS credits
- electronically signed study certificate and transcript of records
- Personal Study Plan (PSP)
- login: **username**

TIMETABLE MANAGER

<https://lukkarikone.xamk.fi>

- course and group calendars
- login: **username**
- instructions:
student.xamk.fi/timetables

STUDY GUIDE

<https://opinto-opas.xamk.fi>

- course descriptions
- no login needed

LEARN

<https://learn.xamk.fi>

- online learning environment
- course platforms and portfolio
- login: **username**

ADOBE CONNECT (AC)

<https://flax.xamk.fi/> + the room address provided by the lecturer

- virtual classrooms
- real-time online lectures and group meetings
- login: **one's own name**

FORGOT YOUR PASSWORD?

<https://id.xamk.fi>

OR THROUGH STUDENT AFFAIRS OFFICE

XINFO

<https://xinfo.xamk.fi>

- customer service, e.g. requests for and feedback on ICT helpdesk support or contacts to Student Affair Offices
- login with **username** not mandatory but recommended

KAAKKURI

<https://kaakkuri.finna.fi>

- online library materials and services
- login: **username**



PLEASE READ MORE ABOUT TUUDO AND XAMK DUUNI ON THE BACK COVER!

Instructions on how to set up e-mail account on a mobile device

You can set up your student e-mail account on any mobile device that supports Exchange Active Sync. You will obtain information on whether your device supports Exchange Active Sync from the manufacturer's web site or the retail store.

Xamk recommends using the Microsoft Outlook email application.

In order to set up the account, you need your username and password, and the name of the server.

Notice (depending on the device): use a secure connection (SSL) and accept all SSL certificates. Android devices also give a remote control request. This request must be accepted to activate the e-mail account on the mobile device.

- Username: **username@edu.xamk.fi**
(e.g. oanis999@edu.xamk.fi)
- Password: the password you use when logging into e-mail and Student Intranet
- Domain: **leave blank**
- Server: **outlook.office365.com**

Study Planning and Guidance

It is important that you plan your studies in order to achieve your professional learning outcomes and keep track of what you have already achieved and what you need to do next. At the beginning of your studies, you will familiarise yourself with your curriculum and establish goals, plans and schedules for your studies.

The curriculum consists of core competence and supplementary competence studies. The purpose of core competence studies is to ensure that you achieve the key skills and competences included in the degree, while supplementary competence studies allow you to profile your professional skills

in the direction you want. You can study flexibly, making use of the opportunities offered by the scheduled, independent and blended tracks.

The choices you make during your studies pave the way for your future career. In your personal study plan, PSP, you reflect on your skills, skills and career goals, learning and studying skills, choices concerning your studies, and learning environments.

Your Studies Coordinator will guide and help you in your study planning throughout your studies.

Registration for Courses

It is your own responsibility to register for all the courses you aim to complete. The available courses offered by the degree programmes and information about the scheduling are presented in the Study Guide. Registration is made on Peppi or Tuudo during registration times.

The registration is binding. If the number of participants in a particular course is limited, preference is given to students for whom the course is obligatory.

- Instructions on how to navigate on Peppi are available at: student.xamk.fi/peppi_en



Entrepreneurship Paths

- provides an opportunity to learn entrepreneurship on a large scale in various learning environments
- offers studies, coaching and training for idea developers and those planning to start their own business
- enables learning in innovation and entrepreneurship events
- enables learning by doing in a training company or in your own company
- provides the opportunity to customise your Personal Study Plan and make it more entrepreneurship-oriented.

The Entrepreneurship Path helps students to

- identify new opportunities
- gain courage to try new things and take risks
- learn how to tolerate uncertainty
- learn creativity and innovation skills
- create relations and networks with the working world
- learn product development, marketing, sales, management, leadership and financial skills
- start their own business and receive coaching in its development



Business Cafe – Make your ideas happen!

Business Cafe is a meeting place for everyone interested in innovation and entrepreneurship, providing information on the opportunities of the entrepreneurship paths. These include

- innovation and entrepreneurship studies
- innovation and entrepreneurship events (RDI)
- the students' entrepreneurship community
- cooperation with businesses as part of projects

How can I develop my ideas further?

Take a look at www.xamk.fi/startup2020 and become inspired!



Accessibility in Studies

Equal studying possibilities and learning environment belong to everybody. Your studies can be on target even if you have learning difficulties, illness or handicap, different cultural or language background or other matters which possibly affect your studies.

More information is available on student.xamk.fi/accessibility



Student Affairs Offices

On each campus, there is a Student Affairs Office that offers you guidance and help in matters such as:

- meal subsidy cards (issued by Kela, the Finnish Social Insurance Institution)
- study certificates
- transcripts of records
- course enrolments
- enrolment for attendance/non-attendance
- registrations for resit exams
- how to navigate on Peppi
- Kela financial aid
- tuition fees
- restoration or extension of the right to study
- graduation

You will meet the student affairs advisor for your degree programme in the beginning of your studies. The student affairs advisor is your contact person to the Student Affairs Office but don't be afraid to ask for help also from the other advisors!

Office hours:

- Mon-Fri 9 am - 3 pm
- closed Fri 12.30 pm - 1.30 pm

Yhteystiedot

- Contact the Student Affairs Offices through xinfo.xamk.fi
- **Kotka:** Pääskysentie 1, 1st Floor
- **Kouvola:** Paraatitenttä 7, Main Building, 1st Floor, on the side of Cafeteria Kasarmi
- **Mikkeli:** Patteristonkatu 3, X-Building, 1st Floor
- **Savonlinna:** Savonniemenkatu 6, 2nd Floor, Room 235
- Contact details: student.xamk.fi/studentservices

The e-services for student affairs that are at your use 24/7, find more information on Student!



Student Financial Aid

The purpose of student financial aid is to provide students with a basic subsistence during their studies. The student financial aid is comprised of study grant, a government guarantee for a student loan and student housing supplement (for students living outside Finland). Students living in Finland can apply for general housing allowance.

- See www.kela.fi/web/en/financial-aid-for-students.
- Additional information is available also from the Student Services coordinators, tel. +358 50 312 5035 and +358 44 702 8889, opintotuki@xamk.fi.

Kela Meal Subsidy

Students completing a bachelor's or master's degree in the University of Applied Sciences are entitled to a meal subsidy. Some university-level occupational or specialization programmes also qualify students for a meal subsidy.

You will have your meal at a discounted price by presenting a student card or a meal subsidy card issued by Kela and provided to you by Student Affairs Office.

Restaurant Services

The menus and prices are available on Student Intranet in the Menus section, Tuudo and Jamix mobile applications, restaurants' websites www.xamkravintolat.fi and info screens on campuses. Please see further information under the campus-specific sections in this leaflet.

If you acquire a pre-pay card of Xamk restaurants or register a student card, you will receive an additional 0.10€ reduction on your Kela-subsidised lunch, decrease the average queuing time and become entitled to the special offers. The pre-pay card can be acquired and re-charged at the restaurant's cash points. With a pre-pay or registered student card, you can also avoid queuing by using a self-service cash point.

If you must follow a special diet, contact the Restaurant Manager to discuss necessary arrangements by presenting the medical certificate.

The Xamk restaurants also offer opportunities for students to carry out projects or thesis studies, or work part-time.



Student Wellbeing

In the course of your studies, there may come a time when you need additional support and help to carry on with your studies or cope with the challenges in your life. The aim of Student Wellbeing Services is to support students in a comprehensive manner, help them to complete their studies and develop their expert skills. The Student Wellbeing Services are available to all degree programme students for the entire duration of their studies.

Student wellbeing advisers offer you the opportunity to discuss the ways to improve your wellbeing, make progress with your studies and take better control over your life.

- **Mikkeli Campus and Savonlinna Campus:**

Kirsi Kämäräinen, kirsi.kamarainen@xamk.fi, tel. 040 709 4836

- **Kotka Campus and Kouvola Campus:**

Arja Hämäläinen, arja.hamalainen@xamk.fi, tel. 040 683 8191

Counselling psychologists evaluate and foster your learning and studying capabilities.

- **Mikkeli Campus and Savonlinna Campus:**

Mari Häkklä, mari.hakkila@xamk.fi, tel. 040 653 0818

- **Kotka Campus and Kouvola Campus:** Karoliina Saure, karoliina.saure@xamk.fi, tel. 044 702 8272

There are also services of student health care and campus chaplains on every campus. Please see further information about student health care under the campus-specific sections in this leaflet or on Student: student.xamk.fi/wellbeing

Safety and Security

The Xamk Safety, Security and Crisis Instructions are available on Student Intranet. Pocket-size safety guides can be obtained from campus info desks. It is recommended that you read the safety instructions during the first days of your studies.

You can report your safety observations via Incident reporting system. The link is available on Student intranet, under “Shortcuts”.

student.xamk.fi/safety

Responsibility

Xamk is profiled as a higher education institution of wellbeing, technology and creative industries. In all our activities, we carry the responsibility for social, economic, cultural and ecological sustainability.

All campuses have the right to use the WWF Green Office label. The restaurants on Mikkeli campus have been granted the Nordic Swan Ecolabel, and the goal is to obtain the right to use it in all Xamk restaurant services in the coming years. In addition, we also arrange various environmental events on our campuses.

Join this effort – save energy and sort all rubbish while on campus. Thank you!





Library Services

The Library Services provide a wide range of materials, services, guidance and study space to the students on all four campuses. At the beginning of the studies, an introduction to the library services and its collections is arranged for all students. Training in information retrieval is integrated into different courses.

Library database Kaakkuri includes materials obtained by the library (books, magazines and other materials), location and availability information and access to electronic materials (e-books, e-magazines etc.) and databases. In Kaakkuri, you can make searches, renew loans, save materials as favorites, save searches and create alerts for new publications in the Xamk library materials kaakkuri.finna.fi You can also access the e-materials from home by logging into Kaakkuri with your Xamk user-

name. Please read the terms of use before using any electronic materials.

The library is equipped with a system that enables customers to use the library independently outside the opening hours. During the self-service hours, the library customer service desk is closed, but you can borrow and return material, pick up reservations, use the computers, read magazines and newspapers, and work. You can access the library with your library card during the self-service hours once you have saved a four-digit PIN code in Kaakkuri.

Please see Kaakkuri for more information about the services and opening hours:
kaakkuri.finna.fi

Campus Services



Kotka Campus

student.xamk.fi/campuses/kotka

Street address:

Pääskysentie 1, 48220 Kotka

OPENING HOURS

- The main entrance Mon–Thu 7:00–17:30, and Fri 7:00–17:00
- With a keycard, the facilities are accessible on weekdays 17:30–22:00, and on weekends 8:00–22:00
- The computer labs are open on weekdays 7:00–16:00, and accessible with a keycard 16:00–22:00
- On holidays, e.g. Christmas and Midsummer’s Eve, the campus is closed.

Parking and Public Transport

The parking spaces for students are located along the sides of the campus building and behind the rear entrance. In the areas where individual spots are not marked, cars must be parked as close as is reasonable to each other. The parking space near the main entrance is reserved for the staff, and parking there is allowed only with a parking permit. Parking

in front of the main entrance and in the drive-ways of the parking space is prohibited and subject to fine. Bikes can be parked at the main entrance and the south end of the building. City bikes: www.donkey.bike/cities/bike-rental-kotka

Local buses leave from the front of the campus in Langinkoskentie for the centre of Kotka and western Kotka. There are also buses leaving from Kotkantie (700 metres’ walk) in the direction of Karhula, Hamina and Pyhtää, etc. Additional information: www.kotkanaikataulut.fi, note, for instance, the route guide kotka.digitransit.fi. Most long-distance coaches stop at the stops of the Kotka central hospital (distance from the campus appr. 2 km), some run directly from Kotka or Karhula bus station through the Sutela stop in the direction of Helsinki. The distance from the Kymnlinna or Paimenportti train stops is appr. 2,5 km. Local buses run from the campus to Kotka train station or, for the long-distance services, to the centre of Kotka and the central hospital.

Restaurant Junnu

Open:

- Mon–Thu 7:30–16:00, Fri 7:30–14:00, Sat 8:30–14:30 (when studies are scheduled for a Saturday and if previously agreed).
- Lunch: 10:30–13:30.

Junnu is a restaurant for students and staff on Kotka Campus. Junnu is located next to the main entrance and, in addition to lunch and coffee, also serves a breakfast buffet.

www.xamkravintolat.fi/ravintolat/ravintola-junnu

Student Health Care

Linda Metsälä, Public Health, Nurse,

linda.metsala@kymysote.fi

tel. 040 674 4039

Appointment hours of nurses: Mon-Thu 8:00-15:00, Fri 8:00-13:00, available without an appointment on weekdays at 8:00-9:00 and 11:30-12:30.

Appointments with a doctor are made through a nurse and carried out at health care centres. If

necessary, the nurses will also refer the student for further treatment.

Activities and Recreation

On campus, students have access to a gym and sports hall. In the sports hall there are open shifts (games) and group shifts that must be booked in advance. There are no leaders for the shifts.

student.xamk.fi/hobbies



Kouvola Campus

student.xamk.fi/campuses/kouvola

Street address of Main Building:

Paraatikenttä 7, 45100 Kouvola

The Student and Admissions Services, International Affairs Office, and the Public Health Nurse's and Counselling Psychologist's rooms are located in the main building.

Parking and Transport

Parking is allowed in parking spaces P1-P4. Access to the parking areas via Kuuselankatu. Notice that it is prohibited to park one's car alongside the streets. In Paja Yard, parking is only allowed with a separate permit. Public transport timetables: kouvola.digitransit.fi
City bikes: www.donkey.bike/cities/bike-rental-kouvola/

OPENING HOURS

- The campus is open Mon-Fri 7:30–16:00
- With a key card, the facilities are accessible Mon-Sun 6:00–23:30
- All students and staff must exit the buildings at 23:30 at the latest. If someone stays inside any of the buildings after that, an alarm is activated, and the person responsible for the alarm will be charged for the expenses caused by it.
- The opening hours during holiday periods can be found on Student Intranet.

Restaurants

There are two restaurants on the campus serving lunch.

Restaurant Kasarmi

Open:

- Mon-Thu 7:30–15:30, Fri 7:30–14:00
- Lunch 10:30–13:30

www.amica.fi/kasarmiravintola

Restaurant Paja

Open:

- Mon–Thu 8:00–15:00, Fri 8:00–14:30
- Lunch 11:00–13:30

www.xamkravintolat.fi/ravintolat/ravintola-paja

Student Health Care

Main Building, 3rd Floor, the side of Restaurant Paja. Students can see a Public Health Nurse without an appointment Mon–Fri 11:00–12:00.



Mikkeli Campus

student.xamk.fi/campuses/mikkeli

Street address:

Patteristonkatu 3, 50100 Mikkeli

Address of Saimaa Stadium:

Raviradantie 22 B, 50100 Mikkeli

The info desk is situated at the main entrance of Building D. The opening hours and service information are available on Student Intranet and displayed on info monitors.

OPENING HOURS

- The campus is open Mon–Thu 7:00–18:00, and Fri and holiday eves 7:00–16:00
- The students must exit all campus facilities at 19:30 at the latest unless they have classes, lessons or practical training scheduled for later. On holiday eves, everybody must exit the facilities by 16:00.
- The opening hours during holiday periods can be found on Student Intranet.
- The students can use campus library also during the self services hours from Mon to Sun 7:00–21:00. Read more from kaakkuri.finna.fi

Appointments for other times and health examinations must be made by phone or e-mail:

Public Health, Nurse Sirkku Jäppinen,

sirkku.jappinen@kymsote.fi, p. 040 700 1333

Public Health, Nurse Karoliina Vainio,

karoliina.vainio@kymsote.fi, p. 0400 560 192

Activities and Recreation

Hobbies are organized in the premises of Kouvola city. There are kettlebell classes, different games and a possibility to use a gym.

student.xamk.fi/hobbies

Parking and Transport

Access to the parking areas via Ratsurinkuja. The campus area is subject to parking control, and incorrect parking may result in a fine. Parking is allowed for students in spaces indicated with a P-sign provided that there are no restriction signs such as “varattu” or “henkilökunta”. There is a limited number of parking spots on the campus, and public transport, cycling and car pools are recommended.

Buses to campus

BUS 1R – step off at Kiiskinmäki stop on Ota-vankatu Street. Walk 600 m to the campus.

BUS 2T – step off on Porrassalmenkatu Street. Walk 500 m to the campus.

BUS 4L – step off on Jääkärintatu or Sammonkatu street, next to the campus.

Bus to Saimaa Stadiumi: BUS 7

More information on public transport (in Finnish): www.mikkeli.fi/joukkoliikenne

Restaurants

www.xamkravintolat.fi



Restaurants Kasarmina, DeXi and Stadiumi serve meals subsidised by Kela. In order to avoid the excessive queues during peak hours, students must have lunch at times presented in their schedules. It is advised that the students with no scheduled activities have lunch after 12:30.

Restaurant DeXi

Open:

- Mon–Fri at 8.30–16, lunch at 10.30–13, Sat 9–14 (when studies are scheduled for a Saturday and if previously agreed)
- Lunch at 10.30–13

Restaurant Kasarmina

Open:

- Mon–Fri at 10–14
- Lunch at 10.30–14

At Restaurant Kasarmina, the daily lunch menu includes a lactose-free and a gluten-free option. If you must follow a diet that is a combination of the aforementioned (e.g. lactose- and gluten-free) or some other special diet, contact the Restaurant Manager to discuss necessary arrangements.

Restaurant Talli

Open:

- Mon–Fri at 9–15
- Lunch at 11–14

In Restaurant Talli, students may have lunch at the same price as the staff, and there is also

a café (Café Campus) in the main lobby of Building A.

Restaurant Stadiumi

Open:

- Mon–Sat at 10–19, Sun at 10–18
- Lunch on Mon–Fri at 11–14 and Sat–Sun at 12–15

In Restaurant Stadiumi, located in the main hall of Saimaa Stadiumi, you can have lunch for a reduced, Kela-subsidised price on weekdays, by presenting your valid student card. In the evenings and at the weekends, the selection also includes à la carte dishes, such as burgers made from local ingredients, hot dogs and salads and home cooking lunches. Restaurant Stadiumi is also a cozy cafeteria.

Student Health Care

Students can see Public Health Nurses in Building F on weekdays. The appointment hours can be found on Student Intranet.

Public Health Nurse for international students:

Sirpa Pirskanen,

sirpa.pirskanen@essote.fi, p. 050 311 7276

Doctor **Eeva-Leena Korpjärvi** is usually available on two days a week. The appointment must be made before hand through a public health nurse, preferably not by phone.

Activities and Recreation

On campus there is a gym, sports hall, disc golf course, outdoors sports field and a band rehearsal room. Saimaa Stadiumi offers a gym, together with ball game and wall-climbing opportunities. Students can participate weekly sport shifts and use the gym by purchasing the sport sticker.

student.xamk.fi/hobbies



Savonlinna Campus

student.xamk.fi/campuses/savonlinna

Street address:

Savonniemenkatu 6, 57100 Savonlinna

Address of the Fiberlaboratory:

Vipusenkatu 6, 57200 Savonlinna

OPENING HOURS

- Mon-Thu 7:00–18:00, and Fri and holiday eves 7:00–16:00
- During holiday periods, Door A is open Mon-Fri 7:00–16:00, other doors are closed
- The students must exit all campus facilities at 21:00 at the latest

Parking and Public Transport

In the inner campus yards, parking is allowed in parking spaces not marked with a “varattu” sign. Parking is also allowed alongside streets provided that this is not specifically prohibited by traffic signs.

Information about public transportation:

visitsavonlinna.fi/en/getting-around-in-the-savonlinna-region/

Restaurant Kaari

Open:

- Mon-Thu 7:45–15:00, Fri 7:45–14:30
- Lunch 10:30–13:30, lunch 10:30–13:00

www.xamkravintolat.fi

Student Health Care

The nurse’s room is located on the ground floor. Public Health Nurse **Susanna Vanttaja** can be seen Mon, Wed and Thu 7:45–16:00 and Fri 7:45–13:00. In the mornings between 7:45–9:30, no appointment is necessary. Phone consultation is available 9:30–10:00 and 15:00–15:30 (excluding Fridays). Appointments 10:00–15:00 on Fri until 12:30. Appointments are made by phone at **+358 44 417 2376**.

Doctor **Mari Kinnunen** can be seen every other Monday 12:30–15:00 by appointment made with the Student Health Care Services.

Activities and Recreation

There are various sports and recreation facilities available for students on campus. More information can be found on Student Intranet. There is a futsal game and a ping pong table in the lobby, a Wii console in the common room on the 2nd floor, and a pool table in the Student Union SOHVA’s facilities in the basement. Various hobby groups use the campus facilities, and students are welcome to join in. Students can participate weekly sport shifts by purchasing the sport sticker.

student.xamk.fi/hobbies

Student Union Kaakko

Student Union of South-Eastern Finland University of Applied Sciences, or Student Union Kaakko in short, is there to advocate your rights and interests. The most important task of the



Student Union is to represent the students' best interests in the decision-making processes of South-Eastern Finland University of Applied Sciences. Also, the Student Union aims to make sure that the student's life is fun and rewarding. What we want is that all students are properly prepared to enter the job market after graduation and can look back at their student years with affection and appreciation.

The Student Union is equally interested in the content and quality of education and the students' wellbeing. If you think there is something that should be improved, don't hesitate to contact us. All Student Union members are encouraged to apply for a seat on the board or in the representative body. The application period is in the autumn semester so keep your eyes and ears open.

Administration of Kaakko

Iida Pilli-Sihvola, who studies Community Education, is Chair of the Board in 2020. Vice Chairs are Rico Martikainen (Community Education, Mikkeli campus), Arttu Berg (Building Services Engineering, Mikkeli, acting Chair of the Savonlinna campus) and Teppo Salo (Information Technology and Communications Engineering, Kotka campus).

More information about Student Union is available at www.opiskelijakuntakaakko.fi or come and visit us at our offices! There are also student associations on all campuses.

Student Union Kaakko also coordinates and develops Xamk's tutoring. You can become a tutor by registering for a tutoring course on Peppi and participating in the training.

After completing the basic training, students select their area of specialization. You can become a degree tutor, hobby tutor, international tutor or eTutor. Please see more information on Student intranet Student Union Kaakko's channels.

As a member of the Student Union you'll receive an official student card which gives you access to various student discounts around Finland, which you cannot otherwise receive. For example train and bus tickets are almost almost 50% cheaper. Your life and travelling will be significantly cheaper as a Student Union member.

You may order the student card from the Student Union website www.opiskelijakuntakaakko.fi

TUUDO

Tuudo is a mobile app which allows you to access information from other Xamk online services with your mobile phone. With Tuudo, you can check your schedules, courses completed, news of Student and student union Kaakko, maps of the campuses, important services on the campuses as well as menus of the restaurants on campuses. You can also enrol for courses on Tuudo during the enrolment time.

You can use library services via Tuudo (including library card, renew your loans, reserve material).

Tuudo is available to download free of charge from Google Play Store and Apple App Store for Android and iOS respectively. You can login with your username.



XAMK DUUNI

Xamk Duuni offers a simple and fast way to connect students with employers. You can download a mobile app called Tiitus for the portal, so you can manage the whole process for applying for a job from start to finish on your mobile.

You can create a Xamk Duuni profile for yourself as soon as you start your studies, and you can then amend it accordingly as your studies progress. Xamk Duuni connects applicants and employers based on skills and interests.

<https://www.tiitus.fi/xamk>



Xamk



@xamkfi



@xamkstudent



@xamkfi



South-Eastern Finland
University of Applied Sciences