

INTERNATIONAL WEEK IN MIKKELI

MARCH 14 - 18, 2022

*Promoting wellbeing through social
interaction. How to provide high-quality
services?*



MONDAY 14.3.

TIME	ACTIVITY	PLACE
8:20 ->	WELCOME TO THE INTERNATIONAL WEEK! Arrival on Campus and meeting the host students	
9:00 – 9:10	Welcoming words Ms Katri Ryttyläinen-Korhonen, Director of Education, School of Welfare	D127
9:10 – 9:40	Coffee, soft drinks and fruits Programme of the week and practical matters / Mr Tommi Pantzar Getting to know each other	D127
9:40 – 10:30	Common Lecture for all participants: Encounters – Building customer-centricity through co-creation Ms Sini Jussila, Education Development Manager	D127
10:30 – 11.15	Campus Tour by exchange students Departure from D-lobby	
11.30 – 13:00	Lunch Price range in campus restaurants for students varies between 2 – 5 € Price range in campus restaurants for teachers/staff varies between 5 – 11 €	Campus restaurants
13:00 – 16:00	Lectures / workshops	

TUESDAY 15.3.

TIME	ACTIVITY	PLACE
10:00 – 11:00	Bus tour in the town of Mikkeli Departure from Market Square at 10.00 (next to statue). Arrival in Market Square at 11.00.	Market Square (next to the statue)
11:00 – 13:00	Free time and lunch Lunch in the centre / campus area	Centre / campus area
11:00 – 12:30	International Interactive lounge Group of Social Work students arranging different kind of activities	D-lobby, D126, D133, D127, D128
13:00 – 16:00	Meetings / lectures / workshops	
18:00 – 20:00	Welcome dinner for all guests	Restaurant Talli on Campus
20:00 – 22:00	A night in Puska - Special programme for students	Student barracks "Puska" on Campus

WEDNESDAY 16.3.

TIME	ACTIVITY	PLACE
10:00 – 12:00	Different options: <ul style="list-style-type: none">• Meetings with your own faculty members• Juvenia - Youth Research and Development Centre	
10.00 – 11.00	<ul style="list-style-type: none">• Meeting with the staff members of International Services• Education export	X103 C201
12:00 – 13:00	Lunch Price range in campus restaurants for students varies between 2 – 5 € Price range in campus restaurants for teachers/staff varies between 5 – 11 €	Campus restaurants
13:00 – 16:00	Tour at Saimaa Stadium Tour and Introduction to Active Life Lab RDI presentations, Mr Arto Pesola Departure to Saimaa Stadium by Xamk's cars from Campus at 12.45 from the end of D-building (next to library)	Saimaa Stadium Active Life Lab LepoSyke (2nd floor)

THURSDAY 17.3.

TIME	ACTIVITY	PLACE
9:00 – 12:00	Meetings / lectures / workshops	
12:00 – 13:00	Lunch Price range in campus restaurants for students varies between 2 – 5 € Price range in campus restaurants for teachers/staff varies between 5 – 11 €	Campus restaurants
13:00 – 20:00	Nature Experience, sauna and social programme in Recreation Camp Susiniemi Departure to Susiniemi by bus from Campus at 13.00 from the end of D-building (next to library)	Recreation Camp Susiniemi, Otava

FRIDAY 18.3.

TIME	ACTIVITY	PLACE
9:00 – 12:00	Working life visits	
12:00 – 13:00	Lunch Price range in campus restaurants for students varies between 2 – 5 € Price range in campus restaurants for teachers/staff varies between 5 – 11 €	Campus restaurants
13:00 – 15:00	Working life visits You can find information about working life visits in the last slide. Please note that changes might be possible.	

LECTURES ON MONDAY 14.3.

DATE	TIME AND PLACE	THEME
Mon 14.3.2022	13.15 - 14.15, classroom D127	Realities and possibilities. Insights to the youth work context in Hungary, <i>Barnabas Gulayas, Eötvös Loránd University</i>
Mon 14.3.2022	14.30 - 16.00, classroom C213	Enterprise Risks management, <i>Maris Krastins, BA School of Business and Finance</i>
Mon 14.3.2022	15.00 - 16.00, Saimaa Stadium, space <i>Vire</i> on the 2 nd floor	Internship at <i>Erlebnistage Harz</i> , <i>Dirk Markert, Erlebnistage Harz</i>

LECTURES ON TUESDAY 15.3.

DATE	TIME AND PLACE	THEME
Tue 15.3.2022	11.30 - 13-30, classroom D128	Pacemaker therapy , <i>Karel Traen, Hogeschool Ghent</i>
Tue 15.3.2022	13.00 - 14.00, classroom A241	Experiential education for school groups , <i>Dirk Markert, Erlebnistage Harz</i>
Tue 15.3.2022	13.45 - 15.15, classroom D128	Addiction in mental health care , <i>David de Clerq, Hogeschool Ghent</i>
Tue 15.3.2022	14.30 -16.00, online	Enterprise Risks management in hospitality industry , <i>Maris Krastins, BA School of Business and Finance</i>

LECTURES ON THURSDAY 17.3.

DATE	TIME AND PLACE	THEME
Thu 17.3. 2022	8.45 - 10.15, classroom C213	Digital security in management, <i>Maris Krastins, BA School of Business and Finance</i>
Thu 17.3. 2022	9.30 - 10.30, classroom D128	Internship at Erlebnistage Harz, <i>Dirk Markert, Erlebnistage Harz</i>
Thu 17.3. 2022	10.00 - 12.00, classroom A248	Around mapping. A tool to enhance the sense of belonging of young people. Lecture + workshop, <i>Barnabas Gulayas, Eötvös Loránd University</i>

VISITS ON 17.3. AND 18.3.

DATE	TIME	PLACE
Thu 17.3.2022	9.00 - 11.30	Hospital District of South-Savo, Essote.
Fri 18.3. 2022	9.00 - 10.30	Ohjaamo - The One-Stop Guidance Center for people under 30 years of age Retronuokku – Youth House Starligh (address Maaherrankatu 10), city centre. We will meet there.
Fri 18.3. 2022	13.30 - 14.30 <i>Departure from Campus at 13.00 from the end of D-building (next to library)</i>	Terti Manor is a unique tourist destination, an authentic family manor and an old farm. These days Terti offers award-winning local food (Saimaa Gastronomy – Best in Finland) from clean locally sourced ingredients of the season in rural, inspiring atmosphere.

CONTACT INFORMATION

Health Care / Nursing	Riitta Kuismin	riitta.kuismin@xamk.fi , +358 40 5211521
Tourism and Hospitality management	Marjut Kasper	marjut.kasper@xamk.fi , +358 40 5720474
Social Work	Kati Vapalahti	kati.vapalahti@xamk.fi , +358 50 4654511
Youth Work	Tommi Pantzar	tommi.pantzar@xamk.fi , +358 40 8420508
International Services	Ulla Vuorinen	ulla.vuorinen@xamk.fi , +358 400 872764
Host students	Oona Kruth Nea Suominen	dookr001@edu.xamk.fi dnesu001@edu.xamk.fi
Guide in the sightseeing bus	Kalle Luukkonen	akalu004@edu.xamk.fi