



Detailed curriculum for 2023-2024

The curriculum at Xamk consists of 60 ECTS of course work. The courses and placements offered are:

Autumn semester (September-December) in Savonlinna

- Study and career planning & Ethical and legal issues
(Online course, orientation on contact teaching) 2 ECTS
- Finnish language 5 ECTS
- Patient safety – Online course 1 ECTS
- Basics of clinical nursing *1) 3 ECTS
- Research and development in nursing *3) 3 ECTS
- Practical training, basics in nursing (Primary health care) 4,5 ECTS
- Practical training (Pediatric practice; child health clinic 1 week,
School health care 1 week) 3 ECTS

Practical training: 7,5 ECTS + Bachelor Thesis

Theory studies: 14 ECTS

Spring semester (January-May) in Savonlinna

- Pain Management - Online course 3 ECTS
- Finnish language 5 ECTS
- Basics of health promotion *3) Online course 2 ECTS
- Practical training (Community nursing and home care) 4,5 ECTS
- Practical training (Internal nursing) 4,5 ECTS
- Practical training (Surgical nursing) 4,5 ECTS

Practical training: 13,5 ECTS + Bachelor Thesis

Theory studies: 10 ECTS

Altogether: 60 ECTS

Bachelor Thesis 15 ECTS (will be started in the beginning of the studies). It is calculated and included as a part of the practical training.

*1) Aseptics in nursing, customer-oriented nursing in association with patients, ABCDE protocol and NEWS criteria, the structured reporting method (ISBAR), palliative nursing, pharmacotherapy, medication calculations

*2) Literature review and qualitative research 2 ECTS and academic writing 1 ECTS

*3) Community health promotion and Global health 2 ECTS

In Finland:

Theoretical studies = 1 ECTS, 27 hours

Practical training = one week, 1,5 ECTS, 38 hours

OBS! The order of the practical training (internship) may vary.