



South-Eastern Finland
University of Applied Sciences

Social Services and Health Care course list autumn 2024

Autumn 2024	ECTS	Code	Additional information
Working together -Professional collaboration in social work and health care environment	5		The students are able to learn widely about professional collaboration in social work and health care.
Present phenomena and challenges with mental health and substance abuse	5		The students are able to explore the phenomena and challenges of our time in the field of mental health and substance abuse. The students will learn how to face the challenges by availing professional collaboration.
Multiprofessional collaboration in the field of child welfare	5		Children and families are in the focus of cooperation. The students will learn how to build bridges between social work and health care for child welfare.
Greencare in rehabilitation	5		The students will familiarize themselves with nature-based methods in the rehabilitation process. The course will utilize nature environments and cooperation with Active Life Lab of Xamk (Active Life Lab - Xamk)
Supervising and supporting self-care management in social work and health care environment	5		The students will learn how to supervise, support and evaluate self-care management in social work and health care.
Development project together with work life	5		The students will get the opportunity to experience real work life and get to know the work life experts through a development project.

Xamk keeps the right to make changes in the detail of the curriculum. The changes might deal with the teachers, titles, contents, duration, depth, and timing of the courses. The purpose of the changes would be to guarantee the most suitable and flexible study schedule for the Students.